



The Wellington Word

<http://www.wellingtonhoa.net>



Summer/Fall 2022

WELLINGTON OF FLOWER MOUND

Volume 27, Issue 2

Assessments Due September 1

HOA assessment statements were mailed in late July and payment is **due September 1**. The semi-annual billing is \$410. If you do not receive a statement by August 22, please contact Guardian Association Management at info@guardianam.com or call 972-458-2200.

Wellington Basketball Sharpshooting Contest Saturday Aug. 6, starting at 9 am

This year trophies will be awarded to the top three shooters in 5 age/gender brackets, to both girls and boys ages 7 to 13. Participation is FREE! If you are interested in having your child participate, please register online. If you registered back in May for this year's contest, please register again as we want to make sure we don't miss anyone. The registration allows us to get the contest underway quickly and ensures that your child is put into the correct bracket. We will also have walk-up registration but a parent must be present to sign the registration form. Since registration is limited to 100 participants, registering online is the best way to make sure your child is able to participate. Register online at [Register for Basketball Contest](#)



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Did You Know?

Wellington has an ADA compliant lift chair to assist residents in getting in or out of the Main Pool. If someone in your household has limited mobility, bring them to the Main Pool to enjoy pool activities.

July – December 2022 Events

August 6

September 1

September 12

October 3

October 15

November 21

November 30 - December 21

December 7

Basketball Sharpshooting Contest

Semi-annual assessments due

Pedometer Challenge starts

Pools close for the 2022 season

Charity Dog Walk Event

Maintain Don't Gain Challenge starts

Board of Director nominations accepted

Holiday Light Contest judging starts



Manager's Page

HOA Assessment Payment due September 1

Please mail assessment payments to the address listed on your statement and as shown below. Payments cannot be processed at the clubhouse. If you pay online, please verify the payment amount and address is correct and that the payment was successfully processed. Your association assessments may also be made online (for a fee) using a major credit card. E-check transactions are also available.

PAYMENT ADDRESS: Wellington of Flower Mound
c/o Guardian Association Management Processing Center
P.O. Box 93784
Las Vegas, Nevada 89193-3784

Effective March 1, 2023, the semi-annual assessment billing will increase. The exact rate and more information will be available later this year. The current assessment rate has been in place for 5 years (since 2018). The increase in 2023 will be necessary as a result of the increased cost of goods and services required for your Wellington Homeowners Association to carry out its responsibilities. These include maintaining and improving all of the community amenities, common areas and right of ways both now and in the future.

Update Your Contact Information

If your mailing address, phone number or email address has changed, please complete an Update Your Contact Information form which may be found on the HOA website at www.wellingtonhoa.net.

Two Fountains Down for Repair

The Wellington fountains at Clear Point and also at Wichita Trail are temporarily shut down for repairs. They will be repaired as soon as possible. We apologize for the inconvenience.

End of School Pizza Party

The annual Wellington End of School Party was held on Wednesday, May 25, and included pizza, snacks, soft drinks, music, games, and dinosaurs! Luckily, the dinosaurs were friendly, the weather was cooperative, and a fine time was had by all.





Yards of the Month are selected by the Landscape Committee to represent the "best" yard(s) in Wellington!

The Wellington Word



Wellington Yards of the Month

2608 Mont Clair Dr.



3720 Sidney Ln.



2609 Huntly Ln.



2901 Raven Cir.



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Thanks to the members of the Wellington Landscape Committee, who proudly deliver the signs to the winning Yards of the Month.

3009 Native Oak Dr.

4209 Tiffany Dr.



3404 MandalayDr.



3601 Britford Dr.





Other HOA News

**The following documents, bulletins and policies have been updated or added.
The latest version may be found on the HOA website:**

ACC Bulletin #5 Retaining Walls – updated www.wellingtonhoa.net/Libraries/Architectural_Documents/ACC_BULLETIN_05_retaining_walls.sflb.ashx

ACC Bulletin #10 Roofs – updated
www.wellingtonhoa.net/Libraries/Architectural_Documents/ACC_BULLETIN_10_roofs.sflb.ashx

ACC Bulletin #11 Steel Tubular Fencing – updated
www.wellingtonhoa.net/Libraries/Architectural_Documents/ACC_BULLETIN_11_steel_fence.sflb.ashx

ACC Bulletin #12 Solar Panels/Roofs – updated
www.wellingtonhoa.net/Libraries/Architectural_Documents/ACC_BULLETIN_12_Solar_Panels.sflb.ashx

ACC Bulletin #23 Greenhouses – new
www.wellingtonhoa.net/Libraries/Architectural_Documents/ACC_BULLETIN_23_Greenhouses.sflb.ashx

ACC Guidelines – updated
www.wellingtonhoa.net/Libraries/Architectural_Documents/ACC_Guidelines.sflb.ashx

MPR Reservation Policies – updated
www.wellingtonhoa.net/Libraries/MPR_Information/MPR_Multi-Purpose_Room_Policies.sflb.ashx

Conference Room Reservation Policies – updated
www.wellingtonhoa.net/Libraries/Conference_Room_Information/Conference_Room_Policies.sflb.ashx

Rules and Regulations Regarding Leasing Property – updated
www.wellingtonhoa.net/Libraries/Governing_Documents/Rules_and_Regulations_Regarding_Leasing_Property.sflb.ashx

Tennis and Pickleball Court Policies – updated
www.wellingtonhoa.net/Libraries/Policy_Documents/Wellington_Tennis_Pickleball_Policies.sflb.ashx



FREE Offer From The Upper Trinity Regional Water District

With the summer heat, are you having trouble with your sprinkler system overwatering or being inefficient? The Upper Trinity Regional Water District is offering **FREE Irrigation System Check-Ups** for the first 100 Wellington HOA homeowners who sign up. This program is a great opportunity for residents to review their irrigation system, especially as the Town of

Flower Mound has initiated Stage 1 of its Water Awareness Emergency Water Demand Management Plan limiting watering to a two-day-per-week schedule.

How does it work? A licensed irrigator will perform a check-up of the system and identify potential problems, such as a broken or misaligned sprinkler heads and improper controller settings. During the check-up, the irrigator will discuss proper irrigation system maintenance, controller operation and efficient watering habits, as well as provide a written report with suggested repairs and an estimated water savings amount to the homeowner. To request this free check-up, please fill out the online request form at <http://bit.ly/UTRWDCHECKUP> and if you are one of the first 100 to respond, a licensed irrigator will contact you to schedule the check-up. For more information on saving water outdoors, visit <https://utrwd.com/saving-water/save-outdoors>.

Neighborhood Corner

- Remember you must have an access card/fob to enter the clubhouse. If you forget yours, staff (if available) may allow you to enter once but you will be asked to sign the clubhouse entry log. If you have lost your card/fob, you must purchase a new one. Individuals under 15 years of age are not permitted in the clubhouse without a guardian 18 years of age or older. Please do not admit individuals who do not have an access card/fob or you will be financially liable for them and their actions.
- Schedule in the Fall to apply pre-emergent to your lawn. Pre-emergent can help to control winter and spring weeds reducing the need to mow as frequently in the winter and early spring months.
- Once the leaves start to fall in your yard, mulch or rake and dispose of them.
- Remember to keep your dog on a leash and to properly dispose of their waste.
- Remember to complete an Architectural Request Form for any exterior projects prior to starting.

Dog Trot for Humane Tomorrow coming on October 15

We would like to invite you all to the first annual Dog Trot for Humane Tomorrow, Wellington's new community event that you are sure to love! On Saturday morning, October 15 we are partnering with Humane Tomorrow, Flower Mound's local animal charity, to have some fun, meet a few neighbors, get a little exercise, and do lots of good for our animal friends at the same time. Join your neighbors for an optional 1 mile walk with (or without) your pet, plus sponsor booths, goodies, and even a food truck with delicious items for purchase. Mark your calendars for 9 am on Saturday, October 15. More information will be coming soon!

Also, if you have or know of a company that would be interested in being a sponsor and having a booth at the event, please have them contact us at fitness@wellingtonhoa.net. Humane Tomorrow appreciates all the support it receives from the Wellington community.

**Fitness,
Recreation &
Health News**



Health Tips from Cooper Corner by Cooper Aerobics

August is Mental Awareness Month, and in keeping with that designation Cooper Aerobics and the Cooper Institute have some great ideas for improving both mental and physical health. You can view articles on how exercise benefits not just physical health but also mental health, how food affects your mood, the power of sleep, and ways to clean out clutter in your life. Also read about Well-Being and Five Ways to Improve Well-Being, and for those who like to journal, you can even download a Happiness Booklet. You can find all this on our website at [Wellington of Flower Mound HOA - Cooper Corner \(wellingtonhoa.net\)](http://Wellington of Flower Mound HOA - Cooper Corner (wellingtonhoa.net))



DR. KENNETH H. COOPER'S 8 STEPS TO GET COOPERIZED

 Maintain a Healthy Weight	 Make Healthy Food Choices most of the time	 Exercise most days of the week	 Take the Right Supplements for you
 Do Not Use Tobacco	 Control Alcohol	 Manage Stress	 Get a comprehensive Physical Exam

New Offering at the WAC: FREE Equipment Orientations

Has it been a while since you used the gym? Join our Wellness Staff on the second Wednesday of each month for a complimentary equipment orientation. Sessions are offered at 1 pm and again at 6 pm. Proper usage of the cardiovascular and selectorized resistance equipment is demonstrated. Workout guidelines, safety protocol and fitness center procedures are also addressed. New members as well as returning members are encouraged to attend. This is a great way to introduce your teenagers to the gym. 12-14 year olds are welcome but must be accompanied by an adult 18 years or older. Each session is limited to no more than 10 participants. Reserve your slot at [Wellington Equipment Orientation Tickets, Multiple Dates | Eventbrite](#).



Wellington Fitness Programs

Pedometer Challenge Coming Soon!

This year the Wellington **Heart & Sole Pedometer Challenge** will start on Monday, September 12, and ends on Sunday, October 30. Mark your calendar and charge your fitness tracker! This is a six-week challenge, and adults are encouraged to walk at least 10,000 steps for a minimum of 5 days each week. If you aren't already walking very much you can work your way up to it by taking a minimum of 5,000 steps the first week, 6,000 steps the second week, etc., and work your way up to your choice of 8,000 steps or more. Last year Wellington residents logged a total of 18,633,580 steps (approximately 8,011 miles)! We would love to beat that number this year, but to do it we need YOUR help! To sign up download a copy of the challenge scorecard and start walking. The scorecard will be available for download from our website on Wednesday, September 7. This challenge is FREE to sign up, and we even have a kids' category! On your mark, get set, GO!



Free Boot Camp starts in October



The next Wellington FREE Boot Camp meets outside on the tennis courts twice weekly, Tuesdays and Thursdays, 5:30 – 6:15 am. Class starts on October 11 and runs for 6 consecutive weeks, ending on Thursday, November 17 (the week before Thanksgiving). Because of demand, participants MUST register first. If you are not already on the list but would like to be notified that registration is open for the next Boot Camp, please email us at fitness@wellingtonhoa.net. About 2 weeks before class begins the fitness office will send out an email announcing that registration is open. The first 50 people responding are enrolled, and everyone after that goes on the waiting list.

Group Exercise

Wellington residents can get in shape for FREE with our group exercise classes! Please click on the link below for the full schedule and more information about our classes. Class schedule may change depending on instructor availability and holiday/school schedules. Wellington's classes are open to all Wellington residents. For all our regular classes no reservations are necessary, just show up. (Prior enrollment is necessary for boot camp classes only.) When weather permits the Tuesday and Friday morning yoga class will be held out on the Main Pool deck until pools close in October, and the Wednesday morning Interval Walking class meets at Post Oak Park. For all classes bring a mat plus whatever equipment is necessary (water bottle, towel, hand weights, etc.). You can also participate in [Cooper Aerobics On Demand](#), giving you access to hundreds of virtual classes. Information about all our classes is available at:

<https://www.wellingtonhoa.net/Amenities/fitness-center/group-exercise.aspx>

August Schedule

Sunday	3:45-4:45 pm Yoga
Monday	8:45-9:25 am HIIT It! 6-7 pm Water Aerobics
Tuesday	8:45-9:45 am Yoga 6-7 pm Yoga 7:15-7:45 pm HIIT It!
Wednesday	6:30-7:30 am Interval Walk 8:45-9:45 am Water Aerobics
Thursday	8:45-9:30 am HIIT It! 7:15-8:15 pm Strength Yoga
Friday	8:45-9:45 am Yoga
Saturday	8-9 am Core Training

Monday evening water aerobics classes end on August 15. Wednesday morning water aerobics classes end on August 31.