

WELLINGTON TENNIS Adult Programming

Director of Tennis
Edmond Thompson, Jr.



Open Adult Drill

As the next step up from the beginner class, adults will now learn to use their mechanical strokes, and couple them with strategic court placement, in order to unlock high levels of tennis.

Tuesdays 10:00am - 11:00am
Fridays 9:30am - 10:30am
Fee: \$20

Adult Beginner Drill

A class designed to teach adults the mechanics of basic tennis. We will learn how to hit forehands, backhands, and volleys.

Mondays and Wednesdays
9:00am - 10:00am
Fee: \$99



Private Lessons

Available upon request.

Mixed Doubles League

Join us for a weekly night of fun with our adults Mixed Doubles League. Grab a partner or come solo and meet someone new, and get ready to compete in various games.

Fridays
7:00pm - 9:00pm
Fee; \$30/person

Did You Know?

A September 17, 2018 article in Forbes Magazine says that playing tennis may help extend your life by nearly 10 years! That's right — between the undeniably beneficial cardio physical action and the surprisingly important social interaction, it's no wonder that tennis is such a good habit!

Wellington Recreation Center
3250 Furlong Drive East
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